WEEK ONE -AUTUMN WINTER

	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ST*R DISH	Homemade Plant-Based Cottage Pie	Chicken Curry & Rice	Roast Chicken or Gammon served with Gravy	Beef Lasagne	Sustainably Sourced Battered Fish & Chips
MEAT	All Day Breakfast Quorn Sausage Burrito	Tomato & Basil Pasta Pot	Wholemeal Pizza Panini	Vegetable Tikka Masala	Baked Bean & Cheese Hot Baguette
ĞRAB & GO+	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings
	Broccoli, Sweetcorn, Baked Beans, Coleslaw Salad, Mixed Salad	Rice, Mixed Vegetables, Baked Beans, Mixed Salad	Thyme Roasted Potatoes, Carrots & Cauliflower, Baked Beans, Mixed Salad	Potato Wedges, Green Beans, Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
H#T PUDS	Shortbread	Iced Vanilla Sponge Cake	Double Chocolate Cookie	Chocolate Sponge Cake (ve) with Custard	Flapjack







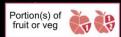


LUNCH MENU

SOCIETY ST KITCHEN

WEEK TWO -AUTUMN WINTER

	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ST*R DISH	Pasta & Veggie Mince Bolognaise	Chinese Style Chicken Meatballs & Rice	Roast Gammon with Gravy	Macaroni Cheese topped with Crispy Onions	Sausage & Chips
MEAY FREE	Vegetable & Lentil Kofta Wrap	Spicy Tomato Sauce Pasta Pot	Pizza Topped Panini	Vegetable Chilli Con Carne with Savoury Rice	Tuna Melt Hot Baguette
ĞRAB & GO+	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings	Jacket Potato with Assorted Hot & Cold Fillings
	Peas, Roasted Cumin Carrots, Baked Beans, Mixed Salad	Green Beans, Sweetcorn, Baked Beans, Mixed Salad	Thyme Roasted Potatoes, Savoy Cabbage, Carrots, Baked Beans, Mixed Salad	Sweetcorn, Garden Peas, Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
H⊕T PUDS	Chocolate Crunch (ve)	Lemon Drizzle Cake	White Chocolate Cookie	Banana Sponge (ve) & Custard	Fruity Flapjack











LUNCH MENU

SOCIETY ST KITCHEN

WEEK THREE
AUTUMN WINTER

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	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ST*R DISH	Tex Mex Vegetable Quesadilla (ve)	Jerk Chicken Rice & Peas	Roast Gammon or Roast Chicken with Gravy	Carbonara Pasta with Garlic Bread	Beef or Chicken Burger & Chips
MEAT FREE	Falafel Wrap with Tomato Salsa	Cheese Sauce Penne Pasta Pot	Cheese and Tomato Panini	Cajun Style Dirty Vegetable Rice	Hot Cheese Baguette
ĞRAB & GO÷	Jacket Potatoes with Assorted Hot & Cold Fillings	Jacket Potatoes with Assorted Hot & Cold Fillings	Jacket Potatoes with Assorted Hot & Cold Fillings	Jacket Potatoes with Assorted Hot & Cold Fillings	Jacket Potatoes with Assorted Hot & Cold Fillings
	Cajun Wedges Mixed Vegetables, Baked Beans, Mixed Salad	Baked Skin on Wedges, Carrot & Sweetcorn, Green Beans, Baked Beans, Mixed Salad	Thyme Roasted Potatoes, Carrots, Peas, Baked Beans, Mixed Salad	Carrots, Cauliflower, Baked Beans, Mixed Salad	Chips , Peas Baked Beans, Mixed Salad
H###T PUDS	Chocolate Shortbread	Tottenham Cake	Milk Chocolate Cookie	Jam Sponge (ve) & Custard	Homemade Flapjack









